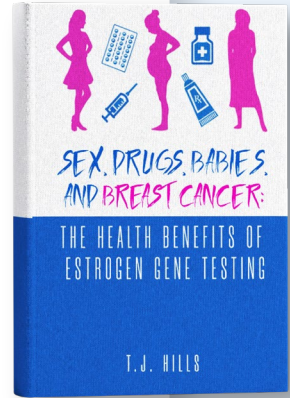


YOUR Estrogen Map

Birth Control, Egg Freezing & Fertility Treatments, Hormone Replacement, your weight, your cosmetics, skincare, food and water etc. all contribute to a women's daily extra estrogen exposure which may recirculate and become toxic contributing to a long list of ailments as well as breast cancer risk.

TJHills is an energetic speaker and best-selling author of **Sex, Drugs, Babies and Breast Cancer: Health Benefits of Estrogen Gene Testing** guides women to better estrogen health with using YOUR Estrogen Map which offer a toolkit for making better decisions about the drugs we take and the babies we make, don't make or are done making. Better estrogen is better health to achieve lifelong ambitions at work and home.



SAMPLE TOPICS and AUDIENCE

Sex, Drugs, Babies and Breast Cancer

General audiences learn healthier choices about birth control, menopause relief, fertility and environmental estrogen exposure.

Super Women First

Female Executives learn how healthier estrogen allows them to achieve their goals at home and work.

Estrogen Gene Testing: New Clinical Protocols

Medical audiences learn nutrigenomic protocols to precisely prescribe medications and monitor patients.

Book TJ for your next event. Either entire or portion of fees goes to 501c3 breast cancer preventions partners:

 info@betterestrogen.com  1-914-835-5888

 betterestrogen.com  T.J. Hills – YouTube

 <https://www.amazon.com/dp/B09HZ5MKNQ>



“ TJ talks about women's bodies and our fertility cycle in a way that gives me a lot to think about and do. Every woman should hear her”

Sherri G, Team Leader, PepsiCo.



“TJ has turned her research into her own breast cancer into a valuable tool and inspiration for all women. She is easy to follow and insightful.”

Grace G, Event Planner, Coldwell Banker

